

After getting your tattoo –

- Leave the bandage on overnight
- In the morning, remove the bandage and wash your tattoo with cool water and antibacterial soap
- Pat dry with a clean paper towel and apply a THIN layer of A&D Ointment or Aquaphor (DO NOT use creams!)
- 3 minutes after applying the ointment, pat dry with a clean paper towel
- Continue to bandage your tattoo AT NIGHT for the following 3 nights
- Do not touch your tattoo unless your hands are clean!
- Do not let anyone else touch your tattoo!
- Make sure to clean your tattoo and apply ointment 3 times per day, especially in the morning and before going to bed at night

Important tips to remember –

- No soaking in the bathtub for at least 2 weeks
- No swimming, hot tubs or tanning beds for at least 4 weeks
- As your tattoo heals, it may start to itch and feel dry DO NOT SCRATCH IT!
- It is perfectly normal during the healing process for small flakes of colored skin to fall off
- A&D Ointment or Aquaphor will help the itching and dryness. Use these for 4 days and then switch to a non-scented lotion such as Aveeno or Jergens
- Wear loose fitting clothing while your tattoo is healing
- If you have gotten a tattoo on your foot, be careful with the shoes you wear as friction will wear away a tattoo
- Should your tattoo show any signs of infection or allergic reaction, consult your physician and inform your artist. Any diagnosed infection, allergic reaction, or adverse reaction should be reported to the Texas Department of State Health Services, Drugs and Medical Devices Group at 1-888-839-6676

Stay True Tattoo has provided me with instructions on how to care for my tattoo while it is healing. I have read and understand them to the best of my knowledge.

Signature of participant _____ Date _____

Your tattoo artist today was: _____

Phone number: _____



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Lubbock, Texas